

### **How will this relationship benefit me?**

Youth Coaches can assist young adults who want to develop a detailed plan for the future. The Young Adult is responsible for communicating their needs and concerns and must steer the Coach in the chosen path. This “confidant” works with you to target your goals. The Youth will initiate mutually convenient meeting times and communicate changes in meetings as needed.

Developing a plan for the future could include the following:

1. Prepare for and pass the GED exam;
2. Prepare for college entrance exams and complete college applications;
3. Apply for financial aid;
4. Research degree requirements and register for classes;
5. Apply for internships;
6. Research careers and prepare for informational interviews with professionals in the field;
7. Fulfill academic course requirements;
8. Time management assistance for youth juggling roles (work, school, parenthood, etc.);
9. Obtain child care
10. Prepare income and expense projections;
11. Identify family members/adult friends and allies who support career and education efforts;
12. Develop contingency plans.

### **What will the Coach do?**

1. Support the Getting Beyond the System® seminar by volunteering to conduct mock interviews to prepare GBS students for informational interviews with professionals in the field of their career interest;
2. Attend GBS graduations and other events;
3. Meet regularly with youth at mutually convenient times and places;
4. Be available by phone and email for questions/concerns;
5. Assist the youth in efforts to access community resources and to fine-tune educational, vocational, and/or employment plans.