



I, _____, agree to participate in the *NET Program Youth Coach* *NET*. I understand that the Youth Coach is a volunteer who wants to help me successfully transition to adulthood and will act as a friend, advisor, and role model. The Youth Coach agrees to meet with me regularly for one year.

I agree that I will:

- ***Commit to meet with my Youth Coach at least four times over three months starting from our first meeting;***
- Try hard to have a good relationship with the Youth Coach;
- Keep all appointments with my Youth Coach;
- Notify my Youth Coach if I cannot keep an appointment with him/her for any reason;
- Respect the guidelines set by my Youth Coach;
- Attend all required program activities;
- Abide by the rules and regulations of the program;
- Communicate with the Program Director if I feel uncomfortable or experience problems at any time during the program;
- Understand that if I miss three sessions I will need to meet with the Program Director;
- ***If I have not already attended the GETTING BEYOND THE SYSTEM® Self-Advocacy Seminar, I will attend the next available information session and make my best attempt to participate in the seminar.***

Young Adult Signature

Date

NET Program Director

Date